



# Eddie Pieczynski Complete Catcher Baseball Camp



Catchers are allowed only a small amount of time during practice to become skillful at their position. To become highly successful, catchers must put in the extra time to gain experience behind the dish. This camp is a great way for catchers to get maximum reps over a 6 week period, which will help develop the tools to become a "complete catcher."

The camp will give ball players a chance to learn the fundamentals behind one of the toughest positions on the field. I will break down the fundamentals behind the plate so each player will feel confident. Players will learn how to set up and give signs correctly, blocking drills to increase quickness, footwork throwing to the bases, and fielding bunts. I will also teach a strength and conditioning workout designed to work the core baseball muscles (legs, back, forearms, rotator cuff, and triceps).

**Cost \$75**

### PLAYING EXPERIENCE

#### SESSIONS: Thursdays

**Session 1 – Ages 12 +**  
January 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

Times: 5:30 - 6:45 pm

**Session 2 – Ages 12+**

**Thursdays**

Feb. 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>

Times: 5:30 - 6:45 pm

#### Professional: Independent Frontier League

\*Spent parts of two seasons with three different Frontier League teams (Springfield Capitals, Richmond Roosters, Rockford Riverhawks)

\*Played for ex-major league all-star Dick Schofield with the Springfield Capitals

#### College: Illinois State University

\*Lead team with .377 batting average in 1999

\*Contributed to a school record 35 wins in 1999

Played with and caught for current major league players: Neil Cotts, Eric Eckenstaller, Jason Pearson, and Jason Karnuth

#### Registration:

Player Name: \_\_\_\_\_ Age: \_\_\_\_\_ Session: **1 2**

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Email \_\_\_\_\_

#### Payment Method: checks made payable to DTA

Cash: \_\_\_\_\_ Check: \_\_\_\_\_ (#: \_\_\_\_\_) Visa: \_\_\_\_\_ MC: \_\_\_\_\_

CC#: \_\_\_\_\_ Exp: \_\_\_\_\_ Signature: \_\_\_\_\_

#### **PARENT / GUARDIAN AUTHORIZATION:**

As the parent / guardian of \_\_\_\_\_ (the "participant") understands that the applicant will be engaging in physical activity during the program which contains an inherent risk of physical injury and the undersigned assumes the risk and releases and holds harmless p-gap inc., coaches, and employees, including and specifically all persons employed by Eddie Pieczynski or himself, from any and all liability for personal injury or property damage arising out of the applicants participation in any baseball camps or private instruction. I hereby grant my permission for my child to attend any p-gap, inc. camps or participate in private instruction.

PARENT / GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

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